

Family Life

Merit Badge Workbook



This workbook can help you but you still need to read the merit badge pamphlet.

This Workbook can help you organize your thoughts as you prepare to meet with your merit badge counselor.
You still must satisfy your counselor that you can demonstrate each skill and have learned the information.
You should use the work space provided for each requirement to keep track of which requirements have been completed,
and to make notes for discussing the item with your counselor, not for providing full and complete answers.
If a requirement says that you must take an action using words such as "discuss", "show",
"tell", "explain", "demonstrate", "identify", etc, that is what you must do.

Merit Badge Counselors may not require the use of this or any similar workbooks.

No one may add or subtract from the official requirements found in Scouts BSA Requirements (Pub. 33216 – SKU 653801).
The requirements were last issued or revised in 2019 • This workbook was updated in June 2020.

Scout's Name:_____ Unit: _____

Counselor's Name: _____ Phone No.:_____ Email: _____

http://www.USScouts.Org • http://www.MeritBadge.Org

Please submit errors, omissions, comments or suggestions about this **workbook** to: Workbooks@USScouts.Org
Comments or suggestions for changes to the **requirements** for the **merit badge** should be sent to: Merit.Badge@Scouting.Org

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1. Prepare an outline on what a family is and discuss this with your merit badge counselor.

Tell why families are important to individuals and to society.

Individuals:

Society.

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Discuss how the actions of one member can affect other members.

2. List several reasons why you are important to your family and discuss this with your parents or guardians and with your merit badge counselor.

3. Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.

Chore 1	
Chore 2	
Chore 3	
Chore 4	
Chore 5	
Chore 6	

(See the sample Home Chore Chart at the end of this workbook.)

Discuss with your counselor the effect your chores had on your family.

4. With the approval of your parents or guardians and your merit badge counselor, decide on and carry out a project that you would do around the home that would benefit your family.

Submit a report to your merit badge counselor outlining how the project benefited your family.

5. Plan and carry out a project that involves the participation of your family.

   After completing the project, discuss the following with your merit badge counselor:

   a. The objective or goal of the project

   b. How individual members of your family participated

c. The results of the project

6. Do the following:

a. Discuss with your merit badge counselor how to plan and carry out a family meeting.

b. After this discussion, plan and carry out a family meeting* to include the following subjects:

1. Avoiding substance abuse, including tobacco, alcohol, and drugs, all of which negatively affect your health and well-being.

Tobacco:

Alcohol:

Drugs:

*This conversation may take place with only one or both of your parents or guardians.

2. Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex

3. How your chores in requirement 3 contributed to your role in the family

4. Personal and family finances

5. A crisis situation within your family

6. The effect of technology on your family

7. Good etiquette and manners:

Discussion of each of these subjects will very likely carry over to more than one family meeting.

7. Discuss with your counselor your understanding of what makes an effective parent

and why,

And your thoughts on the parent's role and responsibility in the family.

When working on merit badges, Scouts and Scouters should be aware of some vital information in the current edition of the *Guide to Advancement* (BSA publication 33088). Important excerpts from that publication can be downloaded from http://usscouts.org/advance/docs/GTA-Excerpts-meritbadges.pdf.
You can download a complete copy of the *Guide to Advancement* from http://www.scouting.org/filestore/pdf/33088.pdf.

Scout's Name: ____ ____ _____ _____

Sample Home Duty or Chore List

Duty 1		Duty 2	
Duty 3		Duty 4	
Duty 5		Duty 6	

Week:								Week:								Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							
Duty 6								Duty 6								Duty 6							

Week:								Week:								Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							
Duty 6								Duty 6								Duty 6							

Week:								Week:								Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							
Duty 6								Duty 6								Duty 6							

Week:								Week:								Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Day	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1								Duty 1								Duty 1							
Duty 2								Duty 2								Duty 2							
Duty 3								Duty 3								Duty 3							
Duty 4								Duty 4								Duty 4							
Duty 5								Duty 5								Duty 5							
Duty 6								Duty 6								Duty 6							

Week:							
Day:	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Duty 1							
Duty 2							
Duty 3							
Duty 4							
Duty 5							
Duty 6							

Enter the dates for the weeks across the top of each block.
Under the day of the week the duty is performed, enter a check mark or X next to the duty number. Each duty may not need to be done each day.

Your parent or guardian may want to initial this chart each time duties are completed.